


Cleft Therapy Resources & Support

Clinical & Local Resources

SASLHA Resources

- [Role of ST in cleft lip & palate](#)
 - [Cleft Ax template](#)
 - [Airflow awareness activities](#)
 - Selected article  [Available to members](#)
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SAJCD (South African Journal of Communication Disorders)

 <https://sajcd.org.za>

- Free full-text articles (search: “cleft”, “velopharyngeal insufficiency”, “resonance”)
 - Build evidence-based therapy packs
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Smile Foundation (SA)

 <https://smilefoundation.co.za>

- Free parent handouts, feeding & post-op guides
 - Multidisciplinary care info
 - ✉ Email: info@smilefoundation.co.za for SLT leaflets
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Operation Smile South Africa

 <https://operationsmile.org.za>

- Volunteer brochure & outreach missions
 - Feeding guides & basic therapy resources
 - 🔍 Contact them for rural/clinic materials
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Cleft Lip and Palate Association of South Africa (represented by Cleft Friends)

- Parent support groups & awareness campaigns
- Cleft friends: info@cleftfriends.co.za

✓ University-Affiliated Clinics & Teams

- **University of Pretoria:** thesis-based materials (<https://repository.up.ac.za>)
- **UCT / Red Cross Children's Hospital:** request local handouts & tools
- **Red Cross Cleft Team** (Cape Town): multidisciplinary protocols

🌐 International Evidence-Based Resources

✓ Smile Train

🌐 <https://www.smiletrain.org>

- Free SLT guides, parent handouts, Smile Train Speech App
✉ partners@smiletrain.org
- [9 reasons to smile activity book English](#)

✓ CLAPA (UK)

🌐 <https://www.clapa.com>

- Guides on speech, feeding & psychosocial support

✓ ACPA (US)

🌐 <https://www.acpa-cpf.org>

- Practice parameters & cleft speech intervention guidelines

👤 Let's support children, families & each other

▶ *Consider volunteering with Operation Smile* – your skills can change lives:

🎥 https://www.youtube.com/watch?v=jmNMrrDVq_w

📄 Download the [volunteer brochure](#) and join future surgical missions.

Together, we build smiles, voices and hope.